

Catherine Seelig is a seasoned labor and employment attorney who provides strategic counsel to Archbright members and clients across a wide range of workplace issues. Catherine joined Archbright in 2025. Prior Archbright, Catherine was an Assistant City Attorney with the Seattle City Attorney's Office, where she represented City departments in labor and employment litigation and arbitration, and advised them on labor and employment law issues. She previously served as Inhouse Employment Counsel for the Institute of Environmental Health, and before that as Background Check Compliance Manager at Alaska Airlines. Catherine earned her Juris Doctorate from the University of Oregon School of Law and was admitted to the Washington Bar in 2006.