



FREE
for OHPELRA
Members

The HR Trail: Guiding the Way in Labor and Employee Relations and Wellness

July 30, 2025

Training located at:
Alley Park
2805 Old Logan Rd. SE
Lancaster, OH 43130

Members: FREE
Non-Members: \$175.00

OHPELRA memberships are individual and not by jurisdiction. Only actual, current members may attend for free.

Non-members who join OHPELRA at the time of registration are eligible to attend this program for FREE, and will enjoy all other benefits of OHPELRA/NPELRA membership.

Click [here](#) to join now!

Register [here](#)

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| 9:00 am - 9:30 am | Registration (coffee, tea, and water available) |
| 9:30 am - 9:45 am | Welcome/Announcements/Housekeeping <i>Ginger Yonak, OHPELRA President</i> |
| 9:45 am - 10:00 am | “What’s Your Why?” An exercise to help identify why you do what you do. <i>Facilitated by Miranda Vollmer, Senior Director of Administrative Services, City of Gahanna</i> |
| 10:00 am - 12:00 pm | Trusted Partners: Enhancing HR’s Impact in Employee & Labor Relations In today’s dynamic workplace, managers must be strategic thinkers who can effectively build bridges between employees, unions, and leadership. This training, led by a seasoned employment law attorney, equips HR/ LR practitioners with the essential blend of soft skills and foundational labor relations knowledge to navigate complex employee dynamics with confidence and credibility. <i>Presented by Catherine F. Burgett, Esq., Frost Brown Todd LLP</i> |
| 12:00 pm - 12:45 pm | Lunch Provided |
| 12:45 am - 1:45 pm | HR/LR Trivia Test your knowledge on everything from employment laws and workplace policies to famous labor movements and HR best practices. This interactive session is a great way to learn, compete, and connect with colleagues. <i>Facilitated by Ben Nolan, Human Resources Manager, City of Gahanna</i> |
| 1:45 pm - 2:30 pm | The ZEN’d: Finding Balance Before You Go After a full day of learning, let’s take some time to reflect on wellness. Blending wellness strategies for the workplace with mindful moments, we’ll explore how to create sustainable calm amidst the chaos. <i>Presented by Michelle Znidarsic, NFP and Jackie McNamara, Wellness IQ</i> |

**WEAR COMFORTABLE CLOTHES AND BRING YOUR
WALKING SHOES TO ENJOY THE GREAT TRAILS**

Note: OHPELRA is offering this training free to all members as part of the value that membership brings. Because we must pay for meals and materials, please provide notice of cancellation no later than July 23, 2025. Cancellations after that date or non-shows will be billed \$40 to cover program costs. Substitutions are permitted.